

A word from Madame President

It is great to be back training at the Burnside Council, outdoor, 50m pool. The first couple of weeks were challenging with the reduced training capacity, due to the Council's COVID restrictions of 5 swimmers/lane. Fortunately, after we emailed Burnside Council detailing the detrimental effects it was having on the club, they agreed to lift the lane restrictions in our training lanes from 5 to 8 swimmers/lane, allowing the club to return to our "normal" training capacity and programs. This will now allow us to accept new members and members from other clubs to train with us. We ask you to continue booking your sessions via the link below, so we can monitor attendance numbers and assist the Coach in managing the squad and programs.

<https://docs.google.com/spreadsheets/d/1IAFq18hb45LDA8Rr8IWtJtGTZO0ONxnuZ4W4bzfSQdU/edit#gid=0>

Even though the start to Spring has been rather cool, it has not deterred the swimmers, as once in the pool, the water is beautiful.

Good luck to the 14 club members who have registered for the Long Distance Interclub on the 1st November. This is the last of the year's Interclub series, before the Branch Presentation dinner at Sunnybrae Estate, Regency Park, on the 28th November. This is always a fun night and a great opportunity to share stories, achievements, PBs etc over a drink with fellow club members. As the club has won the 2 Interclubs (to date) for the year, it would be good to show our swimming and social prowess at the dinner. Book through the [Branch website](#) by the 21st November. For the swimmers that won and ordered Medals in the State Cup, these should be delivered to you shortly.

The competitions continue to heat up over the summer months: you can choose from the Open Water Swim series, the Summer Pool series or both (see pages 7-8 for dates). Adelaide Masters hosts the Proclamation Day swim on 28th December, and we encourage you to enter and also volunteer to assist the club in running the event, as we will require additional helpers on the day, due to extra COVID management requirements.

Hope to see you at the Presentation dinner.

Betty "Madam President" Reinboth

The Coach's Corner

I'm hoping that by the time you read this we, as a team, will have come at the top of the rankings for the last winter interclub of the year. I feel that we, as a swim team, have come a long way through difficult times over the year and we have come through it as a much better, more cohesive team. There is still a lot more to this journey and it starts with the up and coming summer open water and summer pool series. I would like to set you all a challenge: I'd like you all to aim to gain a towel this season, either from Masters Swimming SA for doing all the open water swims, or from the club for competing in all of the summer series swims (see more below). If you feel really adventurous you could try to gain both towels! I will be there at the pool side all summer to make sure that your progress is going in the right direction.

Graeme "The Coach" Brown

Summer Pool Series 2020 / 21

The dates have been released for the summer pool series, 4 pool-based events at outdoor pools in and around Adelaide. This year the club would like to encourage as many members as possible to support the series. We would like to do this in two ways:

1. Any member who competes in all four summer series events will be awarded a commemorative towel at the AGM.
2. Depending on the venue we will arrange a little get together after the event, either in a local pub or around a BBQ.

The dates are in the diary section below. Pencil them into your diary now, ready for a summer of light-hearted swimming competition and fun with your friends from the club.

The Proclamation Day Swim – 28th Dec

We are going to have to do things a little bit differently for this year's Proclamation Day open water swim and it's all because of that nasty little COVID virus. We are going to need much more help on the beach to ensure that the event is as enjoyable as ever and safe. Please can I ask you all to save the date so that you can commit to giving a helping hand.

Jeff

The Branch Dinner

This year the branch dinner is being held at the Sunnybrae Estate. As always it promises to be a good night, especially as Adelaide Masters stands a good chance of picking up a number of awards for our fantastic performances both in the open water and the pool. Tickets are \$75 and available from the [masters website](#). See you there!

Pool Coats

It's the last call for pool coats before we make the order. If you haven't already ordered, and you want a brand new club pool coat, please send an e-mail to AdelaideMastersSwimming@Gmail.com to register your interest before 15th November.

Diana Simons: Swimming with Stars, Olympians and Friends

My maiden name was Diana MacFarlane and I have a younger sister Mary. We were taught to swim by our mother. Our father was a keen fisherman, so our childhood days were spent swimming, surfing and on the reef at Pt Noarlunga. Thereby grew my love of swimming plus watching [Esther Williams films](#).

My first foray into competitive swimming was in the swimming team at Unley Tech and we won the Hazelgrove Shield. I worked in the Shell Co. in my teenage years and competed in The Inter-Oil Co. Swimming competitions. This prompted me to join the Crystal Pool swimming club in the 50's. I became a competitive swimmer and Mary joined the water ballet. I had moderate successes – not

outstanding swimming against [Dawn Fraser](#). I would swim my event and then sit under the diving tower at the Olympic Pool typing out results for [Lois Quarrel](#) at the News.

After marriage and two children I applied to become a swimming teacher for the Education Dept. The pre-requisite was the Bronze Medallion, so I gained my credential and joined the R.L.S.S. and taught lifesaving skills for many years. One highlight was teaching water safety to prospective nannies. My years teaching Education Dept. Swimming from 1963-1996 included trips away to country centres. I taught snorkelling as part of the team. I was also employed by TAFE to put prospective swimming teachers through an [Austswim](#) course and in conjunction with AUSSI conducted 3 adult swimming courses. Later Mary and I became joint teachers of the Over 50s Senior Swim Group at Burnside.



Swimming had taken over my life as I was also teaching private lessons for Ern Reddaway at the Parade Pool and Vicky Murphy at Strathmont Pool. I became the secretary of the Austswim Association which was formed to support swimming teachers.

Adelaide Masters was formed in 1977 and was the precursor of SA Masters Swimming. I was one of the founding members and Kit (my husband) and I embraced it wholeheartedly. For us it was a fun lifestyle. We formed many great friendships and went away to all the Nationals.

Breaststroke became my favourite stroke, and I collected many medals as I advanced through different age groups as well as gaining medals and records in other events. One standout in my memory was achieving the Australian record in the 320+ mixed medley relay.

I also enjoyed the long-distance swims in the sea until the age of 80. Now in my later years I enjoy catching up with AUSSI friends while marshalling at Interclubs and still compete occasionally.

Arthritis has taken its toll and I have lost breaststroke and butterfly. My aim is to build up distance in freestyle and backstroke.

I have great admiration for our coach Graeme Brown and feel that under his direction our club will return to its former glory

South Australian Swimming Memorials

This is the second of several articles on swimming memorials in South Australia. The author wishes to express appreciation to the State Library of South Australia and the South Australian Maritime Museum for their archival photos.

Swim Through the Port Memorial, Port River



In the Port Creek, at the top reach of the Port River before it joins West Lakes, there are five bronze figurines mounted on old piers across from the site of the old Portland Canal.



The figurines are swimming torsos. They are unusual, obscure, tantalizing. They cannot really be understood without reading the commemorative plaque on the dockside.

Created by Adelaide metal sculptor, Steven Brown, and installed in 1994, the memorial commemorates the Port Adelaide Swimming Carnival held between 1923 and 1965. The subject is deep and fascinating. The Port River has a long history of competition swimming from the early 20th Century. There were a number of swimming clubs located on the Port River. These included Port Adelaide and Ethelton on either side of where the figurines are sited, and Rosewater at the end of the Portland Canal, now a supermarket car park. The memorial seems to evoke perfectly what photos from the era reveal.



Swimming competition, Fletcher's Dock, Port River 1920



Port River Carnival 1928

The Swim through the Port, first held in 1923, was the centrepiece of the Port Adelaide Swimming Carnival. Held for over forty years, the Carnival featured sprints, novelty events and the Swim. Swimmers entered the water from the steps at end of Commercial Road, swam west along the wharves, turned left up Port Creek and finished at the Portland Canal. Crowds of spectators watched from the docks, while others followed the swimmers in boats.



Hilda Harvey

Winner of Swim through the Port 1930

Hilda Harvey, aged 16, won the 1930 Swim in 37m.43s. In the following year she set the fastest women's time in the race.

Competitive swimming in the Port River was suspended in the mid-1960s because of the poor water quality. The Swim through the Port was resurrected in 2016 by the North Haven Surf Lifesaving Club. In addition to the long swim over a 2K loop course, there is a 400metre swim. Visibility is poor; however, the salty mangrove water is clean enough. Despite the abundant large (harmless) jellyfish, it is an enjoyable swim, made special by the historical associations.

The South Australian Maritime Museum has a small display featuring the Swim through the Port and a series of exquisite photographs on [its website](#).

Michael Harry

29 October 2020

Dates for your diary

November

Sunday 1st: Long Course Long Distance

The joy of short course, long distance swimming, when 25 metres is not enough

Saturday 28th: MSSA Branch Dinner

Sunnybrae Estate: come along and celebrate the club's success, [Book Here](#)

December

Sunday 6th: SA State Open Water Championship, West Lakes

1.25km, 2.5km, 5 km, 7.5km & 10km

Sunday 13th: Summer Series Swim 1

Adelaide Hills Swim Centre (Woodside)

Sunday 20th: Seacliff Swim, Seacliff Hotel

1.6km

Monday 28th: Proclamation Classic, Glenelg Jetty

1km, 2km & 5km

January

Sunday 10th: Pub to Pub, Seacliff to Brighton Hotel

1.6km

Sunday 17th: State OWS Championships, Somerton

1km & 3km

Tuesday 26th: Jetty to Jetty, Grange Jetty to Henley Jetty

2.2km

Sunday 31st: Summer Series Swim 2

Gawler Aquatic Centre

February

Sunday 7th: Brighton Jetty Classic, Brighton Jetty

100m, 400m, 1.5km

Sunday 13th: Pink and Blue Swim, West Beach

200m, 400m, 700m & 1km

Saturday 13th and Sunday 14th: MS Mighty Swim

24 hours of team swimming at Unley Pool

Sunday 21st: Henley Beach Swim, Henley Beach

1km, 2km

Saturday 27th: Port Elliot Swim, Port Elliot Surf Life Saving Club

900m & 1.8km

Sunday 28th: Summer Series Swim 3

Strathalbyn Swimming Pool

March

Monday 8th: Noarlunga Reef Swim, Pt Noarlunga Jetty

750m, 1.5km & 2.5km

Sunday 14th March: Port Pirie OWS, Pirie River

400m Scratch, 2km Scratch, 2km Handicap

Sunday 14th: Summer Swim Series Swim 4

Payneham or Unley

Sunday 21st March: Whyalla OWS, Whyalla Marina Wharf

1.6km handicap

For up to the minute news and last-minute changes:



Do you have something we can include in the newsletter? Mail it to

adelaidemastersswimming@gmail.com